

# WANSFORD AND KINGS CLIFFE NEWSLETTER

WINTER 2017

## Some statistics

### OCTOBER 2017

Number of items on prescriptions issued: 7468

Number of appointments booked: 4417

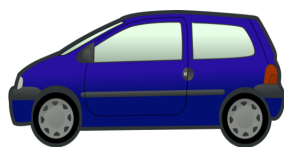
Number who failed to turn up for their appt 91

Incoming telephone calls answered: 6692

Number of results received 1313 (e.g. blood tests etc.):


### CAR PARK

We respectfully ask that you drive slowly once entering our carpark. We have had 3 minor collisions caused by drivers going too fast and



### Tansor

We are pleased to announce we now have an occupational health therapist available for information and advice for people who are looking for wheelchairs, equipment to help maintain independence, home adaptations, referrals to other services— Contact 01832 226055 and speak to Ann Gould

We have launched our own Facebook page.  
Please check it regularly for useful information.

**New GP Hub provides evening and weekend appointments to patients across Greater Peterborough.** Patients across Greater Peterborough now have access to evening and weekend GP and nurse appointments at the GP Hub, based at Boroughbury Medical Centre, Craig Street, Peterborough.

The GP Hub is a new GP-led evening and weekend service where local GPs and nurses offer a range of services for all patients registered with a GP practice in Greater Peterborough.

Appointments are available to book between 18:30 and 20:30 Monday to Friday and from 09:00 to 17:00 at weekends and on Bank Holidays. To book an appointment, patients simply need to phone their own practice as they would do normally and they will be advised of which

appointments are available at the GP Hub. Over the next 12 months the GP Hub, which is run by a group of local GP surgeries called the Greater Peterborough Network (GPN), will provide an

extra 20,000 GP and nurse appointments to local residents.

For further information patients should speak to their GP practice's reception to find out more about booking appointments, they can also visit [www.greaterpeterboroughgps.nhs.uk](http://www.greaterpeterboroughgps.nhs.uk), or find Peterborough GP Hub on Facebook.

## Christmas and New Year opening

### THE SURGERY WILL BE CLOSED ON:

Sat 23.12.17

Mon 25.12.17

Tue 26.12.17

Sat 30.12.17

Mon 1.1.18

### For medical advice during these closures ring 111



### MEDICATION OVER CHRISTMAS PERIOD

Please ensure you have enough medication to see you through the Christmas and New Year Period!

The pharmacy will have limited opening hours but will be open on Saturday 23.12.17 and 30.12.17 (9am—1pm). To contact them call 01780 78161



## FREE NHS HEALTH CHECKS

If you're aged 40-74 and you haven't had a stroke, or you don't already have heart disease, diabetes or kidney disease, you should have an NHS Health Check every five years.

Any follow-up tests or appointments are also free of charge.

### How will the NHS Health Check help me?

As well as measuring your risk of developing these health problems, an NHS Health Check gives you advice on how to prevent them.

The risk level varies from person to person, but everyone is at risk of developing heart disease, stroke, type 2 diabetes, kidney disease and some types of dementia.

Your NHS Health Check can detect potential health problems before they do real damage.

### What happens at the NHS Health Check?

An NHS Health Check takes about 20-30 minutes.

The health professional – often a healthcare assistant – will ask you some simple questions about your lifestyle and family history, measure your height and weight, and take your blood pressure and do a blood test – often using a small finger prick test.

Based on this, they will be able to give you an idea of your chances of getting heart disease, stroke, kidney disease and diabetes.

If you're over 65, you will also be told the signs and symptoms of dementia to look out for.

### How can I arrange my health check?

Ask at reception. We will tell you if you are eligible and book you an appropriate appointment if you are. We also actively invite patients on a monthly basis. This is done via SMS messaging or by letter.

Below is a graph demonstrating what this practice has detected during a health check

