



### REPEAT PRESCRIPTION REQUESTING

We have made changes to the way you order your repeat prescription. In the past 'automatics' or 'managed repeats' were collected by the pharmacy on your behalf. This process will now be ending and you will no longer be able to order medicines in this way. You will need to order your repeat medication directly from the GP Practice. You can order on-line (ask surgery reception to sign you up). This is the most efficient and safest way to order your prescription as it is auditable and is attached to your patient record. You can also order by telephone on 01780 783994 between 9am and 11am Monday to Friday. We ask that you do not come into the surgery to order your medication. This is because the doors are closed and the foyer must be kept clear for patients arriving for their appointments. You should order your medication ONE week before you need it.



### Swab testing for CoronaVirus

The surgery is not able to offer swab testing for Covid19. We would ask patients not to contact us to request this. If you have symptoms and need to have a swab test please either visit [www.gov.uk](http://www.gov.uk) or phone 119 to book a test.



Lions Clubs throughout the UK collect unwanted and damaged spectacles. These are then sent to Chichester Lions Club which processes tens of thousands of recycled spectacles each year. All donations are examined by a team of Lions and other volunteers in the recycling workshop. Sorted pairs of glasses may then be sent for grading and distribution by Medico France in Le Havre.

### Recycling at Wansford Surgery

Glasses are also sent directly to contacts running eye clinics in Papua New Guinea, Sri Lanka, Ghana, Nigeria and Nepal. In addition, volunteers from the 'Unite for Sight' charity are supplied with spectacles to take with them on missions to countries across the world.



### FLU immunisation for the over 50's

We have now been given the go ahead to vaccinate this age group (50-64) and all eligible patients should have received their invitation letter. We are doing these at the Kings Cliffe Active site on Friday 18th December. You will need to bring your letter with you as this proves eligibility. We ask that you wear either sleeveless top or very loose sleeves as the nurse will need to get right to the top of your arm. You will remain in your car for the vaccination.

**Please wear a face covering.**

### Engage Consult

This is an on-line consultation system (we have been using this for some time) called Engage Consult. The link to this is available on our website [www.wansford-surgery.co.uk](http://www.wansford-surgery.co.uk). There is also an NHS APP available. This can be linked to your on-line access. For more information check out on YouTube.

## RECYCLING AT WANSFORD SURGERY

It's time to...  
**BIN YOUR BRA!**



- Our bra recycling scheme takes your unwanted or unloved bras and through our network of bra banks raises vital funds for pioneering breast cancer research.
- The same bras also help to support small businesses in Africa. Together with our recycling partners, our textile recovery project prevents these bras going into landfill before giving them a new lease of life in developing countries such as Togo, Ghana and Kenya, where bras remain too expensive to produce locally.
- Successful ventures like this keep many families in developing countries out of poverty whilst providing employment for people at home in the UK. Any bras that are genuinely beyond redemption are dismantled and disposed of properly.
- For every tonne of bras collected, Against Breast Cancer receives £700 to fund our research. With over 30 million women in the UK you could really help make a difference!

### New appointment system

We are now offering telephone consultations 'on-the-day'. If you need to speak to a doctor please ring on the day you are available. You will be put on a list and the doctor will call you back. If you need to be seen face-to-face the doctor will arrange for you to come down at a specific time (on the same day). We are unable to book any appointments in advance. This system was introduced at the beginning of the pandemic. We realised that a lot of consultations could be managed via phone or video and that we were able to deal with more patients this way. Nurse appointments are still bookable in the same way as before (i.e. in advance) but we are not currently offering ear syringing or spirometry. Minor surgery and point injections are still currently on hold but we hope to resume these soon.

## CHANGING TIMES

Hi! I'm Dr Rhiannon Nally from the Wansford and Kings Cliffe General Practice and with my colleague, Dr Amrit Takhar, we are writing to ask you to help us, please.

In addition to the extensive clinical and consultation facilities at Wansford Surgery, we are committed to continuing a viable healthcare facility at Kings Cliffe, and to do this we are already working with Kings Cliffe Parish Council, Kings Cliffe Active and the Practice's Patient Participation Group – all local people. In time, we'd like to seek your reactions to our ideas as they develop further.

We want to enable innovative, creative and long term yet uninterrupted healthcare provision to continue to be based in Kings Cliffe in line with local wishes and within the confines of national policy and Practice plans.

All over Britain, the Covid-19 pandemic has dramatically changed forever the way we deliver primary care services. Though clinicians still see patients directly face-to-face when this is needed, much is now being done remotely, through telephone, skype, email and video and on-line. Our Practice is also increasingly using the skills and expertise of other healthcare professionals such as specialist nurses, paramedics, pharmacists and others to continue to deliver a safe and comprehensive service to all the patients in our care wherever they may live.

We will continue the Prescription Pick-up Service in Kings Cliffe and we also see opportunities to extend and expand the services we provide such as a remote access point for video consultations which will serve those who cannot access internet services from home, as well as providing health coaches, social prescribers and various classes for patients aimed at improving their health. We hope to illustrate these and other ideas at an open session for people from Kings Cliffe and the surrounding villages at Kings Cliffe Active and also through the magazines of the villages whose residents we care for. We believe that working with the local community, the Kings Cliffe Active site can provide an ideal base for this, as we have already seen in a small way with the very successful 'drive-thru or walk-in' flu jabs there.

All of this is for consultation until the end of the year after which we hope to be able to announce specific plans and timescales for the future. We hope that you will feel able to help us in this, please.

## PHARMACY

Please note that the pharmacy is now open until 8pm on Wednesday evenings.